Towards a Nonviolent World
Training for Youth Workers

HOW CAN WE BUILD A PEACEFUL WORLD IF WE DO NOT INVEST IN RELEVANT KNOWLEDGE AND SKILLS...? WE NEED TRAINING.

WHAT DOES THE TRAINING LOOK LIKE?
In the training we will acknowledging the violence that exists in our world (not only war, but also increasing inequality and all sorts of environmental problems), try to understand it, develop skills to respond to it, and come together to expand our knowledge, and collaborate. Role-plays are a frequently used means to acquire new skills. In general, 'Experiential Learning' is used, integrating body and mind, starting with Action, followed by Reflection and Abstraction, cycling back into action that integrates the learning.

WHAT DO YOU LEARN?
In the training participants develop a critical perspective on violence, its causes, justifications and consequences. Participants learn how to intervene to prevent escalation of conflicts, how to mitigate conflicts and how to engage in a process that seeks sustainable solutions. And they learn how to address social questions through nonviolent activism. Developing these kinds of knowledge and skills empowers individuals to undertake both personal and collective action and transform themselves and their surrounding.

WHOM IS THIS TRAINING FOR?
The Erasmus+ trainings are meant for youth workers, i.e. young leaders who work with youth and are motivated to share their new insights and skills with them. Youth need positive role models and mentors that can guide them in understanding themselves and the world, giving them a sense of meaning and perspective for engagement that could decrease feelings of powerlessness and loneliness.

WHAT IS THE IMPACT?
The Training improves the competences of youth workers and thereby their work performance, benefiting youth, their employers and local community. Moreover, an international network is developed from which new collaborations and a wider international outreach results.

These trainings are financially supported by Erasmus+ of the European Commission. For more info on content and past trainings see www.towardsanunviolentworld.org