Towards a Nonviolent World
Training in Peace-building

How can we build a peaceful world if we do not invest in relevant knowledge and skills...? To overcome today’s challenges we need training.

What Does One Learn?
In the training participants develop a critical perspective on violence, its causes, justifications and consequences. They learn how to intervene to prevent escalation of conflicts, how to mitigate conflicts and how to engage in a process that seeks sustainable solutions. And finally how to address social questions through nonviolent activism. Developing this kind of knowledge and skills will empower you to undertake both personal and collective action and change yourself and your surrounding.

Learning Actively
Role-plays are a frequently used means to acquire new skills. In general, the Training is based on ‘Experiential Learning’, which starts with Action, followed by Reflection and Abstraction, cycling back into action that integrates the learning. It integrates body and mind into the learning process and requires the learner to actively engage with the subjects, rather than passively receiving knowledge.

For Whom?
These workshops are for anyone that experiences conflict and wants to get better at resolving them, from a more personal level to situations at work or in society. Leave behind the idea of competition and ‘win-loose’ and step into cooperation and ‘win-win solutions’. Get to know others and start practicing.

Outcomes
After the Training you will be a more competent ‘peace builder’; at work, at home and in your community. And you will get to know new people who can support you and collaborate with you, putting your new skills into action!

For more information about trainings or workshops or to make a request: www.towardsanonviolentworld.org
Towards a Nonviolent World

Workshops

CONFLICT AWARENESS
The workshops are based on the book (in press) “ENGAGING NONVIOLENCE: Activating Nonviolence in our Lives and our World”. To change the way one deals with conflict and violence, one first has to gain more awareness. These workshops will give you some very important insights. A constructive approach to conflict means you need to be able to identify different types of violence, the escalation point of conflict and different strategies to resolve conflict. Awareness of privilege is important to become more inclusive and awareness of power dynamics are necessary to identify opportunities for empowerment. In several workshops all these issues will be addressed.

CONFLICT SKILLS AND PRACTICES
When you are aware of the basic aspects of violence and dynamics of conflict, it is time to practice your skills in Conflict Resolution and Peace-building. With role-plays you get a better understanding of constructive ways to resolve conflict and build peaceful relationships. Besides interpersonal skills, you will get some tools to develop inner peace, and learn about community practices, such as Restorative Justice.

CAMPAIGNING FOR SOCIAL CHANGE
Social change often happens because of the efforts of social movements. Even in regime change, nonviolent movements have proven to be twice as effective as ones that used violence. What can you learn from their success? You will get some tools that will help you analyze and strategize to make an impact on society.

Participant testimony: "It was so impressive to see young people sharing similar passions and ideals. I return to my life with lots of inspiration and ideas for the future, and more important, with the assurance that I am not alone in this struggle.”

Special Workshop: Peace in the classroom